

SEPTEMBER WORKSHOPS

ALL RUN FROM 9-10 AM

ZOOM ID: 728 524 4810

ZOOM LINK: <https://projectplace-org.zoom.us/j/7285244810>

Sept

8

The Phoenix

Dina Gonsalves, The Phoenix

Dina will discuss the resources that The Phoenix gym has available, such as open gym times, fitness classes, and social events, especially tailored to those in recovery.

Sept

15

Credit Building

Susan Simon, Working Credit

Susan will outline what credit is and how to repair/build one's credit from wherever their starting point is. She will also provide resources through Working Credit for free one-on-one credit counseling.

Sept

22

Worker's Rights

Jose Palma, Justice at Work

Jose will discuss employment protections, the importance of unions, and the procedure if one feels their rights are being challenged at work. A representative from MASSCOSH (Massachusetts Coalition for Occupational Safety and Health) will also talk about their work and worker's center.

Sept

29

Boundaries

Caeley Paiva, Project Place

Caeley will discuss the importance of boundaries in interpersonal relationships and provide tips on setting them for yourself and others.

For more information:

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